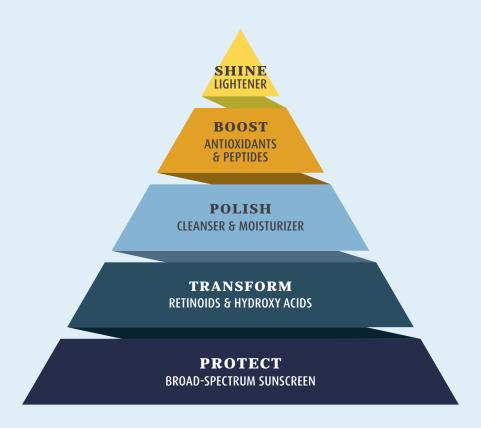


The youthful skin pyramid



The youthful skin pyramid gives you the building blocks for youthful, radiant skin you can feel confident in. Much like a food pyramid, which gives you the fundamental nutrients to nourish the inside of your body, the skincare pyramid gives you the tools to nourish the outside of your body. To achieve and maintain healthy, rejuvenated skin, the

ARC Medical Aesthetics team will guide you through the essential skincare steps to get the results you desire. Whether you have oily, dry, acne-prone, or aging skin, feel confident that you'll receive a customized skincare regimen with skincare products and ingredients that are medically curated and proven to work for your unique skin type.

Broad-spectrum sunscreen

Your first line of defense and protection against skin cancer. Year-round use can help prevent one of the leading causes of aging skin—UV damage from the sun.

Reduce fine lines and wrinkles

of collagen. They also stimulate

by increasing the production

the production of new blood

300ST

Antioxidants

Protect against the cell damage that free radicals cause, known as oxidative stress.

Peptides

These amino acids make up certain proteins needed to help target fine lines and wrinkles.

SHINE

Lightener

Treats skin problems such as age spots, acne scars, or discoloration related to hormones. Help lighten dark spots and pigmentation.

Acne control

Helps combat existing blemishes and prevents future breakouts.

vessels in the skin, which improves skin color.

Retinoids

Hydroxy acids Exfoliate the top layers of skin to minimize dullness and improve texture; some AHAs can also stimulate collagen production, while others have antioxidant

and hydrating properties.

Cleanser

Removes dirt, sebum, oil and dead skin cells—ideally without damaging or irritating the skin.

Moisturizer

The right balance of nutrients help nourish the skin's barrier and keeps your skin looking, working, and feeling good inside and out.



Protect against aging skin

Guide to choosing the right sunscreen

The foundation of any great skincare regimen is protection. We recommend using a medical-grade sunscreen daily with an SPF of 30+. A "broad spectrum" sunscreen protects against both UVA and UVB rays.

Over-the-counter (OTC) sunscreens often use preservatives and fragrances which aren't as potent in protecting your skin and lack pure ingredients regulated by the FDA. OTC products are only required to include 70% active ingredients, while medical-grade regulations must contain 99% active ingredients.



Our picks

Hydro Essence, SPF 40

A combination of a powerful anti-aging moisturizer with a broad-spectrum sunscreen ideal for daily use in any anti-aging regimen.

DRY, NORMAL, SENSITIVE SKIN

Clear + Correct Sun Defense

A lightweight SPF with an innovative blend of actives that protects skin from extrinsic factors known to cause premature aging.

ACNE, COMBO, OILY SKIN

Pure Defense, SPF 47

Formulated with chemical-free actives, this lightweight, waterresistant sunscreen provides a more natural approach for daily sun protection.

COMBO, DRY, NORMAL, SENSITIVE SKIN

HA Physical Tint, SPF 44

A water-resistant, physical sunscreen that utilizes a moisturizing base with a sheer, universal tint.

DRY, NORMAL, SENSITIVE SKIN

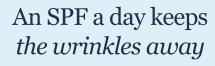
Sheer Defense Tinted, **SPF 46**

An antioxidant-rich, lightweight and oil-free SPF, containing an innovative blend of skin-soothing properties.

ACNE, COMBO, OILY SKIN

Sport Defense, SPF 50+

Water resistant, multi-active sunscreen, designed for both the face and body. Antioxidant-rich product, formulated with active lifestyles in mind.



Transform your skin

with this power duo



Reverse signs of aging by combining hydroxy acids and retinoids

The transform phase focuses on repairing the skin through the daily use of hydroxy acids and retinol treatment

Hydroxy acids help improve skin texture, fade dark spots, and reduce the visible signs of aging. Retinoids work best as prevention, so don't wait until wrinkles and dark spots occur to start using.

Combining both hydroxy acids and retinoids will improve your skin's texture and increase cellular turnover. We recommend adding in hyaluronic acid to hydrate and help reduce retinol irritation.

Our picks

UltraBright Tretinol C&E Serum, 0.5%, 1.0%

Patented retinoid complex, includes vitamins C and E to maximize the effectiveness of retinol's anti-aging benefits.

DRY, NORMAL, SENSITIVE SKIN

Retinol Protect w/ C&E and CoQ10 Serum

Advanced formula containing 0.25% retinol, visibly reduces fine lines and wrinkles, while enhanced collagen synthesis promotes healthy skin.

ALL SKIN TYPES

GA Radiance Cream

Potent, highly-emollient alpha hydroxy acid targets and corrects visible signs of photoaging, including a reduction of fine lines and wrinkles. Infused with green tea leaf extract.

DRY, NORMAL SKIN





Our picks

Rejuvenating Cleanser

Hydrating cleanser that conditions and soothes sensitive skin, leaving it soft, smooth, and visibly younger.

DRY, NORMAL, SENSITIVE SKIN

Intense Repair Cream

Contains a blend of active ingredients to reduce sensitivity in the skin, increase moisture levels, and protect against environmental damage.

COMBO, DRY, NORMAL, SENSITIVE SKIN

Betazyme Exfoliating Cleanser

A gentle, sulfate and paraben-free cleanser for mild exfoliation of dead cells that leads to clogged pores.

ALL SKIN TYPES

Pro-Collagen Serum

Advanced formula to fight against signs of aging and improve fine lines, wrinkles, and reduce redness in the skin. Delivers results equivalent to one injection of collagen filler.

COMBO, DRY, NORMAL, SENSITIVE SKIN

Gentle Foaming Cleanser

Gentle, sulfate-free cleanser that delivers superior cleansing while remaining gentle on the skin.

COMBO, DRY, NORMAL, OILY, SENSITIVE SKIN

HydroBoost Smoothing Serum

Potent, penetrative, and intensely hydrating serum that contains hyaluronic acid to restore the skin back to its natural hydration.

ALL SKIN TYPES

LA-Hydro Moisturizer

Body moisturizer, containing a balanced blend of alpha hydroxy acids, in a rich, emollient lotion to soften and moisturize severe, dry, and flaky skin.



MicroDERM Scrub

Powerful resurfacing ingredients remove dead skin cells and debris from the skin's surface, while pumice granules smooth dull and dry skin to to a fresh radiant finish.

COMBO, DRY, NORMAL, SENSITIVE SKIN

Age Reversal Neck Cream

This advanced, intensely hydrating emulsion defies time and gravity to provide an immediate tightening and anti-gravity effect, fighting against sagging of the skin while tightening delicate skin.

DRY, NORMAL, SENSITIVE SKIN

Restorative K Cream

Fades under-eye dark circles and puffiness, while also clearing discolorations associated with rosacea and broken capillaries. Ideal therapy for fragile, post-procedure skin.

COMBO, DRY, NORMAL, OILY, SENSITIVE SKIN

HA Collagen Booster

Formulated with four forms of hyaluronic acid to provide superior hydrating abilities, improve the skin's texture, fine lines, and wrinkles, and support rejuvenation and hydration of the skin.

COMBO, DRY, NORMAL, SENSITIVE SKIN





POLISH

OLINO SKIN CARE

by D. Roman

Age Reversal Neck Cream

MEDICAL GRADE

ights against sagging of the skin improves resistance to gravity stimulating elastin synthesis

1.8 oz | 50 g

POLISH

SKIN CARE

4DR-

Restorative K Cream

MEDICAL GRADE

Helps reduce under-eye circles and puffiness as well as soothes, hydrates skin's natural moisture

2.1 oz | 59 g

POLISH

SKIN CARE

Mi oDERM Scru

MEDICAL

Helps reduce fin wrinkles and dir

23 oz | 66 g



Benefits of using antioxidants & peptides

A ntioxidants are naturally occurring vitamins and minerals—like vitamins A, C, E, and green tea—that protect your skin against free radicals. They neutralize free radicals, reducing signs of aging, and fight oxidative stress,

keeping your skin supple. Peptides are amino acids and are the building blocks of certain proteins needed by the skin, like collagen and elastin. Using an antioxidant that contains peptides leads to firmer, youngerlooking skin.

Our picks

GFP+ Stimulating Cream

Contains skin-restorative ingredients, combats against signs of aging, enhances the production of collagen and elastin, and rejuvenates the skin.

DRY, NORMAL, SENSITIVE SKIN

Pore Refining Pumpkin Mask

Nourishing, self-warming mask deeply cleanses to hydrate and rejuvenate the skin.

DRY, NORMAL, SENSITIVE SKIN

Power-C Brightening Cream

Rich, potent, multi-active, antioxidant vitamin C cream delivers dramatic, skin-brightening and anti-aging benefits.

COMBO, DRY, NORMAL, SENSITIVE SKIN

BioPeptide Replenishing Cream

Moisturizer rich-peptides, ceramides, vitamin E, and other skin-restoring agents formulated to fight against skins of aging and hydrate skin.

DRY, NORMAL, SENSITIVE SKIN

C&E Anti-Oxidant Protecting Serum

Highly potent vitamins C & E anti-aging serum, to deliver unparalleled results.



Achieve skin that will

shine bright



SHINE

SKIN CARE

PhytoFader Brightening Cream

MEDICAL GRADE

Visibly reduces age spots, prevents photo-aging, dark spots and inhibits melanogenesis

Our pick

PhytoFader Brightening Cream

A potent and hydrating serum, containing 5 different botanical skin brightening agents, works synergistically to provide a powerful effect on pigmentation and age spots.

COMBO, DRY, NORMAL, SENSITIVE SKIN

Visibly brighten your skin tone

kin-lightening creams, also known as skin-brightening creams, are designed to lighten skin color. The creams are often used to spot-treat dark areas of the skin, such as age spots or acne scars. They are sometimes used to lighten the complexion overall.

Lighteners address things like hyperpigmentation, sun-spots, acne scars, and freckles. To deal with hyperpigmentation, skin brightening products are formulated to even out skin tone and restore the skin's natural color before the hyperpigmentation sets in. If you want to see your natural skin color, look at the inner part of your upper arm.

See results fast

Equalizes skin tone by fading age spots more than surrounding, normalized skin, resulting in a more even complexion. Achieve an 88% increase in the skin's hydration within one hour of application.





It's time for clear skin

M any people try to manage acne by manually extracting, or through over-the-counter medication. Olino Skin Care products use gentle formulas and naturally-derived ingredients to leave your skin looking fresh and healthy, no matter your skin type.

Our picks

Clear + Correct BPO-5. BPO-10 Cleanser

Clinically proven, non-irritating, micronized USP grade benzoyl peroxide penetrates deep within the pores to immediately fight the acne-causing bacteria, clearing the skin and preventing breakouts.

ACNE, COMBO, OILY SKIN

Detoxifying Sulfur Facial Mask

A breakthrough mask that effectively absorb oils, impurities, and other toxins from the skin, yielding a clearer complexion, reducing breakouts, and detoxifying the skin.

ACNE, COMBO, OILY SKIN

Clarifying Mint Mask

A pore-cleansing mask, intended as a weekly treatment to minimize pore size and control excess oil while delivering a dose of needed moisture to acne-prone skin.

ACNE, COMBO, OILY SKIN

Clear + Correct Acne Cleanser

Botanically-infused cleanser, utilizing the power of beta hydroxy acids, as well as other skin restoring components, penetrates deep within pores, dramatically decreasing sebum production.

ACNE, COMBO, OILY SKIN

Clear + Correct Correction Pads

Highly effective, alcohol-free, hydroxy acid pads address and fight acne, sweep away poreclogging oils, blackheads, and whiteheads and help prevent future breakouts.

ALL SKIN TYPES

Hydralite Moisturizer

A lightweight, oil-free moisturizer effectively hydrates the skin without adding oil or shine, leading to visibly radiant and clear skin.

Treat your skin to the perfect gift



